



Presented by Stanley C. Mantooth,  
Ventura County Superintendent of Schools



safeTALK (*suicide alertness for everyone, Talk, Ask, Listen and KeepSafe*) is a 3 hour training that prepares anyone age 15 years or older to identify persons with thoughts of suicide and connect them to suicide first aid resources.

Most people with thoughts of suicide invite help to stay safe. Alert helpers will be better able to:

- Move beyond common tendencies to miss, dismiss or avoid suicide;
- Identify people who have thoughts of suicide;
- Apply the TALK steps (*Tell, Ask, Listen, and KeepSafe*) to connect a person with suicidal thoughts to suicide first aid intervention caregivers.

Powerful video clips, including two that were produced in Ventura County, illustrate both non-alert and alert responses. Discussion and practice help stimulate learning. Learn steps that contribute to saving lives.

Details of training:

- 3 hour training must be conducted in one session
- Appropriate for ages 15 years and above (per district decision, with parent permission) and for ANY/ALL school staff and community members
- No charge
- Free kit to all participants

<https://www.livingworks.net/programs/safetalk/>



Call 805-437-1370 or email Jaclyn Bull at [jbull@vcoe.org](mailto:jbull@vcoe.org)  
Ventura County Office of Education Comprehensive Health and Prevention Programs for more information or to schedule a training.  
[www.vcoe.org/htb](http://www.vcoe.org/htb)



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