


**DRUGS
AND
ALCOHOL
DESTROY**



**HELP IS A
PHONE
CALL AWAY**

NEED HELP?

It's available!

The community of Simi Valley is a special place. Yet, we can all experience difficult times. When we do, it's important for us to remember that there are many people that can and want to help. There's help for drug and alcohol abuse, mental illness, depression, heroin use, family violence and more.

**DRUGS AND ALCOHOL
WILL DESTROY YOUR LIFE
AND THE LIVES OF YOUR
FAMILY AND FRIENDS. GET
HELP NOW, LIFE IS TOO
PRECIOUS TO LOSE.**

Contact Info

2-1-1 Ventura County Resources

www.211ventura.org


800-339-9597

Action Family Services

Mental Illness or Chemical Dependency

www.actionfamilycounseling.com

805-584-3258/800-367-8336



Alcoholics Anonymous
www.aaventuracounty.org
805-522-1300/800-990-7750

Heroin net
www.heroin.net
877-895-0746

Narcotics Anonymous
www.simifamilygroup.com
www.nar-anon.org
888-672-9318/818-773-9999

**Ventura County Behavioral Health,
Alcohol & Drug Programs**
www.venturacountylimits.org
805-577-1724

Simi Valley Free Clinic & Services
www.freeclinicsv.com
805-522-3733

Tarzana Treatment Center
www.tarzanatc.org
800-996-1051

Prototype Women's Center
805-382-6296/805-832-2995

New Start for Moms Drug & Alcohol
805-981-9250

Aegis Methadone Clinic
805-522-1844

Drug Free.org
www.drugfree.org
855-378-4373

**Suicide Prevention Line and
Referrals**
www.suicidepreventionlifeline.org
800-273-8255/800-662-4357

Intervention Institute

805-379-3611

Wellness Every Day

www.wellnesseveryday.org/resources

Interface Family Services

www.icfs.org

805-485-6114

Heroin Kills

www.heroinkills.org

Samaritan Center of Simi Valley

www.thesamaritancenterofsimivalley.org

805-579-9166

Community Pregnancy Clinic

805-583-3590

**Ventura County Child Protective
Services**

805-654-3200

Treatment Center Hotline

877-822-7504

Ca. Dept. of Alcohol & Drug Programs

www.adp.state.ca.us

800-879-2772

A Light of Hope

www.alightofhopescv.org

661-513-4325

Not One More

www.notonemore.net

805-242-6662

**Friends have to stop
friends from doing drugs!**

Don't turn to drugs or alcohol for help...NOT EVEN ONCE!

Not too long ago it became increasingly clear that heroin use was on the rise in many parts of the country, including Ventura County. As overdoses and deaths increased families stepped forward and urged the Community Partners to do something to stop the devastation. A task force was formed and developed responsive strategies for implementation. Throughout the proceedings it became clear that drug and alcohol abuse have profound negative consequences for users and also for their family, friends and fellow community members. It also became clear that people abuse drugs for different reasons.

**Avoid drugs and alcohol
and get the help you
need!**

COMMUNITY PARTNERS

- Rancho Simi Recreation & Park District
- City of Simi Valley
- Simi Valley Unified School District
- Simi Valley Chamber of Commerce
- Not One More



805-584-4400