

RANCHO SIMI RECREATION AND PARK DISTRICT
INSTRUCTIONAL BASKETBALL RULES

1. LEAGUE

- A. Mission Statement: To introduce children ages five to eight years old to the sport of basketball, stressing skill development, game knowledge, participation and fun!
- B. The Rancho Simi Recreation and Park District reserves the right to make any changes deemed necessary to insure safe and efficient operation of the leagues.

2. ELIGIBILITY

- A. Participant must be between 5 and 8 years old
 - 1. Division 1 – player must be 5 or 6 years old on or before April 1st of the current calendar year.
 - 2. Division 2 – player must be 7 or 8 years old and may not turn 9 prior to April 1st of the current calendar year.
- B. Players must participate in the division in which they are eligible (exception – League Director approval).
- C. All players must be registered.
- D. Boys and girls may compete in the same division.

3. TEAM SELECTION

- A. All players shall be measured for height and teams formed by height.
- B. Coach and two assistant coaches are guaranteed their son and/or daughter only.

4. EQUIPMENT

- A. All players must wear tennis or basketball shoes. Shoes that scuff or mark the floor are not acceptable.
- B. Game balls will be furnished by the Rancho Simi Recreation and Park District.
- C. Basketball Size:
 - Junior Size: 27½ - 28½ inch circumference
- D. T-Shirt style game jersey provided for each player.

5. TIME OF GAME

- A. Game time will consist of four eight-minute quarters running time.
- B. There will be one minute rest periods between quarters; five minutes between halves.
- C. Two one-minute time-outs allowed per team per half.

6. SUBSTITUTIONS

- A. Every player must play a minimum of 16 minutes or two periods.
- B. Play will be stopped every four minutes for 30 seconds to substitute. Durations of four and eight minutes will count towards minimum play rule.
- C. Substitutions must be accepted into the game by the officials (players shall report to the scorer and beckoned into the game by official).
- D. Substitutions will be accepted into game when ball is dead.

7. FREE THROWS

- A. Free Throws
 - 1. Division 1: there will be no shooting of free throws. The ball will be taken out of bounds on all fouls.
 - 2. Division 2: all shooting fouls will be shot from the 10 foot free throw line.
- B. NO FOUL RECORDS KEPTS – please discourage rough and physical play. Remove and counsel players who exhibit rough play.
- C. Shooting fouls – two shots and players should be taught correct line up procedures.

8. GENERAL RULES

- A. Absolutely no unsportsmanlike conduct will be tolerated by players, coaches, or parents.
- B. No score will be kept in either division.
- C. No standings.
- D. Each team must have four eligible players present at game time.
- E. Basket Height:
 - 1. Division 1 – 8ft. Baskets
 - 2. Division 2 – 8ft. Baskets
- F. No half court or full court pressing
- G. In a jump ball situation, possession will be determined by the alternating possession arrow.

H. Defense

Defense is played inside the three-point arc until the offensive team penetrates the arc. If a player advances outside of the arc prior to the offensive team penetrating the three-point arc then that player is in violation. Once the three-point arc has been penetrated by the offensive team, then the defense can guard outside the arc.

I. Offensive Violation

Traveling and double dribble violations will be called inside the three-point arc only.

*Rancho Simi Recreation and Park District
League Directors*